

# 圣家堂

6 Chapel Road, Singapore 429509

电话 : 6344 0046



2023年 3月12日

四旬期第3主日

**主任司铎:**  
Fr Adrian Yeo 杨庆发神父 63440046

**助理司铎:**  
Fr Stanislaus Pang 冯义成神父 63466240  
Fr Majo Mathew 63440046  
Dn Clement Chen 曾锦兴执事 63440046

### 读经小组

有兴趣参加在每个周三或周五以视频形式一起读经者, 请联系组长:  
林维贤兄弟 90023007 或  
徐人心姐妹 94308817

### 【生命的活水】

这个主日和接下来的两个主日, 慕道者要在考核礼中接受考核。我们每个人和整个教会也要反省如何能紧密的跟随耶稣。我们渴望耶稣的活水到怎样的程度? 我们是否认识到耶稣就是道路, 就是真理和生命? 我们有没有在我们的生活中为主作证? 我们的信仰是基于这个见证, 也因着我们的祖先被复活的耶稣所感动和得到神粮的滋养。我们的信仰要彼此的扶持和鼓励。

主, 请助佑我们!

东区集体告解时间表:  
圣家堂 : 星期三, 3月22日 10.30 am 和 8 pm  
永颜圣母堂 : 星期四, 3月23日 10.30 am 和 8 pm  
和平之后堂 : 星期四, 3月30日 8 pm

法国和意大利朝圣团:  
日期 : 2023年5月17日 至 5月31日  
随团神师 : 陈宾山神父  
有兴趣者, 请联络 李达君兄弟 (96632228) 郭汉强兄弟 (91054986)

### 2023四旬期宣道会

每逢星期三晚上  
拜苦路: 7.45 pm 弥撒及宣道: 8.20 pm

**圣雅丰索堂:**  
3月1日 主题: 悔改 张伟刚神父  
3月22日 主题: 复生 陈一强神父  
3月29日 主题: 自由 张利勇神父

**耶稣复活堂:**  
3月8日 主题: 服侍 萧永伦神父  
3月15日 主题: 顺服 张思谦神父



## CHURCH OF THE HOLY FAMILY

6 CHAPEL ROAD SINGAPORE 429509 Tel: 6344 0046

Website: <http://www.holyfamily.org.sg>

Parish Priest: Rev Fr Adrian Yeo | ☎ adrian.yeo@catholic.org.sg  
Asst. Priest: Rev Fr Stanislaus Pang | ☎ stanislaus.pang@catholic.org.sg  
Asst Priest: Rev Fr Majo Mathew | ☎ majo.mathew@catholic.org.sg  
Parish Deacon: Rev Deacon Clement Chen | ☎ clement.chen@catholic.org.sg  
Seminararian: Bro Oswin Yeo | ☎ oswin.yeo@catholic.org.sg

**Office Manager:** Damian Boon T: 63440046 ext 1002  
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**Admin/Social Media Ofc:** Jane Gumulya T: 63440046 ext 1001  
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**Parish Admin Asst:** Raymond Ng T: 63440046 ext 1000  
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**Catechetical/Columbarium Ofc:** Jennifer Tan T: 63440046 ext 1005  
E: [chf.catechist@catholic.org.sg](mailto:chf.catechist@catholic.org.sg)  
E: [chf.columb@catholic.org.sg](mailto:chf.columb@catholic.org.sg)

**Office Hours:** Mondays to Fridays: 9am-8pm  
Saturdays: 9am-7pm  
Sundays: 9am-6pm

**Katong Catholic Book Centre:** Alastair Koh (Sales) T: 63451413  
E: [katongcatholic@gmail.com](mailto:katongcatholic@gmail.com)  
Website: [www.katongcatholic.com](http://www.katongcatholic.com)

### Mass Times

**Weekdays:**  
6.30am (Mondays to Saturdays)  
6.30pm (Mondays to Fridays)  
Rosary Prayer 5.45pm  
7.30pm (First Fridays)  
Rosary Prayer 6.30pm

**9.30am (Public Holidays)**  
Tuesday Divine Mercy Devotion  
7.00pm  
Saturday Novena Devotion  
4.30pm  
Saturday Sunset Mass:  
5.30pm (English)  
Saturday Mandarin Mass  
8.00pm  
Sunday Masses:  
7.30am, 9.30am, 11.30am, 5.30pm

**Adoration Room** Opens daily 6 am to 10.30pm.  
**Columbarium** Mon—Fri: 9.30am to 6pm, Sat 9.30am to 5.30pm, Sun: 8.30am to 5.30pm  
**Private Prayer** Ceased, but Church is open for visits. Opening hours after end of morning mass daily.  
Closing times Mon to Fri - 7.15pm, Sat - 9pm, Sun - 6.45pm

**Confession** 30 minutes before weekend Masses  
**Infant Baptism** 14th May 2023 (Pre baptism preparation 7th May 2023)  
**Liturgy of the Word for Children** First and Third Sunday of the month 9.30am Mass  
**Elders Catechism** Every Thursday, 1pm to 3pm @ Pastoral Centre Level 3  
**Weddings** Apply at Parish Office at least 1 year in advance

**3rd Sunday of Lent**  
12 Mar 23 - YEAR A  
Sunday Missal Page No: 258



### LIVING WATERS

Today and the next two Sundays we will celebrate the RCIA Scrutinies. We, as individuals and as a Church, look closely at ourselves to see how we are following the Lord. How thirsty are we for the living waters offered by Jesus? Do each of us realize that the Lord is the way, the truth, and the life? Do we, do you, witness to His place in your life? Our faith is based on this witness, and that of our ancestors who have been touched and nourished by the Risen Lord. We sponsor and encourage each other in our faith. Lord, help us!

### Sunday Missal Readings for next weekend – 19 March

1 Sam 16:1,6-7,10-13 Ps 22 Eph 5:8-14 Jn 9:1-41

### 3RD SUNDAY OF LENT, 12 MAR, YEAR A, 2023

#### THE SCRUTINIES

The catechumens, those preparing to be baptized and enter the Church, will receive today and on the next two Sundays the ancient prayers called “the scrutinies.” In these prayers, we ask the Lord to scrutinize and purify the hearts of the catechumens. As we accompany the catechumens in making the baptismal promises on Easter Sunday, so we should accompany them in the scrutinies.

Today we pray for Jesus to scrutinize our hearts and do in us what He did for the Samaritan woman. Jesus penetrated five husbands’ worth of sin, self-hatred, and self-deception (Jn 4:18). The woman felt as if Jesus had told her everything she had ever done (Jn 4:29). It was as if her whole life had flashed before her during her conversation with Jesus. The Lord is willing to scrutinize and purify us in a similar way.

After Jesus has removed years of garbage from our hearts, the love of God will be “poured out in our hearts through the Holy Spirit Who has been given to us” (Rm 5:5). After emptying our hearts of sin and its effects, the Lord fills our hearts with love.

Then, we will speak out of the abundance of our hearts (Lk 6:45). Like the Samaritan woman, we will be witnesses for Jesus, and many people from our towns will believe in Jesus on the strength of our words of testimony (Jn 4:39). Thus, the scrutinies result in love and a new evangelization. ~Presentation Ministries

#### RESTORE, REKINDLE AND RENEW YOUR MARRIAGE AT THE ME WEEKEND

Marriage is a project to be worked on together and a process of growth. Pope Francis (Amoris Laetitia, no. 218, 221).

Good marriages can always be made better! To deepen your couple relationship, do sign up for a Marriage Encounter Weekend scheduled for 3rd - 5th Feb 2023 or 14th - 16th April '23 by contacting Joe & Reenie at 9670-5390 or email at [mewkend@gmail.com](mailto:mewkend@gmail.com)"

#### LISTENING TO THE LORD

Open to everyone aged 16 and up, and will be a night of sharing, fellowship, and spiritual renewal. Come and join us as we listen to the Lord and experience the power of community in our faith journey. Scan the QR code to register.

Date: Friday, 24 March

Time: 8:00 - 10:00 pm

Location: Level 4 Function Hall, Main Church Building



#### DIVINE GLORY LENTEN RETREAT

As we continue our Church’s Jubilee Celebrations & move into our next phase of REPENTANCE in our 5Rs of Holy Family Church, we would like to invite you to join us in the above program. It will be led by Fr Thomas Bobby Emprayil, V.C. Director of Divine Glory Ministries, Manipur, India, and also a Member of CHARIS Continental Service of Communion for Asia—Oceania. Fr Bobby is an internationally renowned priest for retreat, preaching & ministry.

Due to some changes to Fr Bobby’s schedule, the **finalized dates** have been revised to **Mon 13 Mar to Wed 15 Mar** and will be held at the Main Church.

Theme for Lenten Retreat: “God Who Makes A Way”. (Isaiah 43:16)

Holy Mass with Preaching & Healing Adoration on Mon 13 Mar from 7.30 pm to 10.00 pm.  
Topic: “Strange Ways of God’s Interventions”. (2 Kgs 5:1)

Holy Mass with Preaching & Healing Adoration on Tue 14 Mar from 7.30 pm to 10.00 pm.  
Topic: “Cancellation of Our Debts”. (Mt 18:27)

Repentance Retreat on Wed 15 Mar 2.00 pm to 10.00 pm at Main Church.  
(1st Session runs from 2.00 pm to 5.30 pm; Dinner Break 5.30 pm to 7.00 pm; 2nd Session from 7.00 pm to 10.00 pm)  
Topic: “Accomplishing Power of The Word”. (Mt 5:18)

All are welcome to walk in to attend all the sessions. Registration **will not be required**.

### SCHEDULE FOR PENITENTIAL & HOLY WEEK SERVICES

Penitential Services : Wed, 22 Mar, at 10.30am and 8.00pm

Palm Sunday : Sat, 1 Apr at 5.30pm and 8.00pm (M)

Sun, 2 Apr at 7.30am, 9.30am, 11.30am and 5.30pm

Maundy Thursday : Thurs, 6 Apr at 7.30pm

Adoration of The Blessed Sacrament begins after the end of evening mass till midnight

Good Friday : Fri, 7 Apr – Stations Of The cross at 8.30am, 11.30am, 2.30pm and 5.30pm(M)  
Services at 9.00am, 12.00 noon, 3.00pm and 6.00pm (M)

Easter Vigil : Sat, 8 Apr at 7.30pm

#### CHARITIES WEEK 2023

Please support and donate generously towards Charities Week 2023, an Archdiocesan annual fundraising project. Proceeds will enable Caritas Singapore and many Catholic organisations under its umbrella to continue their work in reaching out to those in need. These include the poor, families, youth and children, prisoners, migrant workers, persons with HIV/AIDS, persons with physical challenges, persons with mental health conditions, and overseas humanitarian aid.

Let’s all rise as one. Pick up an appeal envelope and donate with a big heart to let the light of God’s love shine through us. You can mail your donation directly to Caritas Singapore (for cheques only) or drop them at your parish. For walk-in donations to the Caritas Singapore office, please visit us at 7A Lorong 8 Toa Payoh, #04-01 Agape Village, Singapore 319264. To donate online, Please scan the QR code.



#### LENTEN LECTURE SERIES “TOWARDS GOD WITH PRAYER”

The Asian Patrons of the Arts in the Vatican Museums in collaboration with the Pontifical University of St Thomas Aquinas or ANGELICVM is pleased to bring to you 3 talks of our Lenten Lecture Series “Towards God with Prayer”. These will be presented online by 3 eminent Professors of Theology, direct from the Angelicvm, Rome on 14, 21 and 28 March at 8:30pm.

All are welcome to join these talks. Do register online by scanning the QR code or via the hyper-link address. You will find posters at various locations around the church with more information and provided QR Codes and hyperlinks.

#### RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

An invitation to non-Catholics: Are you searching for meaning in your life, searching for God? Have you thought of joining the Catholic Church? You are invited to come and see what the Catholic Church teaches through a process called the RCIA. Calling baptised Catholics: help bring others to faith in Christ! Do you have friends you would like to introduce to the Catholic faith? Invite them to the RCIA in our church. Live out your baptismal calling by serving as a sponsor in the RCIA to accompany and support others in their journey of faith.

The next RCIA journey begins on 7 June 2023. Registration forms are available in the parish office or by request at [chf.secretariat@catholic.org.sg](mailto:chf.secretariat@catholic.org.sg)

#### MASS TIME FOR MON 13 MAR TO WED 15 MAR

Due to the Divine Glory Lenten Retreat from **Mon 13 Mar to Wed 15 Mar**, the **evening masses** these days have been re-timed to **7.30 pm**.

#### FRIDAYS IN THE SEASON OF LENT

During the Season of Lent, we will be having on each Friday the Stations of the Cross Devotion at 7.30 pm followed by Mass at 8.00 pm. Morning Masses on these Fridays at 6.30 am will proceed as usual, while the usual Evening Mass at 6.30 pm will be re-timed to 8.00 pm.