

### ONE-TIME CHANGE OF PARISH CHURCH

With effect from Wednesday, **21 July 2021** onwards, our Catholic faithful will be able to make a one-time change of their parish church via mycatholic.sg under their myProfile page.

In order to qualify for the change of church, please ensure that you meet the following criteria:

- ◇ You do not have any upcoming bookings in your current parish church.
- ◇ Your previous booking was more than 14 days ago.
- ◇ You have not attended a physical Mass in the last 14 days in any church. This is an extra precaution to prevent potential cross-infection.

**Please note that after a change of church has been made on mycatholic.sg, you will not be able to make a further switch to another church.**

For more information, please visit: mycatholic.sg.

### COLUMBARIUM VISITS AND BOOKINGS UNDER PHASE 3 HEIGHTENED ALERT

The Columbarium is now open for visitors from **Monday to Friday 9.30am to 6.00pm** (last booking at 5.30 pm) and **Saturday 9.30am to 12.30pm** (last booking at 12 noon) only. It will be closed on Sundays and Public Holidays.

To schedule your visit, please visit our website ([www.holyfamily.org.sg](http://www.holyfamily.org.sg)). Maximum group size will be 5 persons per group, with a maximum number of 3 groups for each half-hour time slot.

### PRIVATE PRAYER TIME UNDER PHASE 3 HEIGHTENED ALERT

The Church is also open for the above on **Tuesdays, Wednesdays and Fridays from 4.30 pm to 5.45 pm and 7.30 pm to 9.30 pm; Sundays from 1pm to 4 pm, except Public Holidays.**

*Should there be other activities being conducted in Church during the above times, the Private Prayer Time will be cancelled.*

**Visitors to both the Columbarium and Church must use either the TraceTogether App or Token for check-in. We will deny admission to visitors who do not use these devices.**

### COME & DISCERN WITH US

As we celebrate the 200th anniversary of our Archdiocese, join us in a meaningful spiritual exercise to reflect on our Catholic faith, and how our faith journey has been thus far. Centred on the Catholic200SG prayer, this spiritual exercise consists of 3 sessions conducted on Zoom. Simply have a journal, a bible and a cross to discern with us. Weekday and weekend sessions are available. To register via the given links to receive a confirmation email with the Zoom details.

Weekday run:

**Wednesday 21 July + 28 July + 4 August 2021 (8pm to 10pm)**

Register for Wednesday: <https://tinyurl.com/discerntogetherWed>

Weekend run: **Saturday 31 July + 7 Aug+ 14 Aug (9am to 11am)**

Register for Saturday: <https://tinyurl.com/discerntogetherSat>



### GIFT CONTRIBUTIONS

This weekend, there will be a second collection for the GIFT (Giving in Faith & Thankfulness) campaign to build a more vibrant, evangelising and missionary Church. Watch the video on to <https://youtu.be/lyLsmYxsvAs> to see how our Church has continued to carry out Her mission despite the pandemic. Please give generously for the vision of the archdiocese.



### **CHURCH OF THE HOLY FAMILY**

6 CHAPEL ROAD SINGAPORE 429509 Tel: 6344 0046

**Website:** <http://www.holyfamily.org.sg>

Parish Priest: Rev Fr Adrian Yeo | ☎ 63440046 | ✉ [adrian.yeo@catholic.org.sg](mailto:adrian.yeo@catholic.org.sg)

Asst. Priest: Rev Fr Stanislaus Pang | ☎ 63466240 | ✉ [stani-slaus.pang@catholic.org.sg](mailto:stani-slaus.pang@catholic.org.sg)

#### **Parish Media & Communications Office:**

E: [chf.comms@catholic.org.sg](mailto:chf.comms@catholic.org.sg)

**Office Manager:** Damian Boon

T: 63440046 ext 1002

E: [chf.padmin@catholic.org.sg](mailto:chf.padmin@catholic.org.sg)

**Parish Admin Asst (Part Time):** Andrew Teo T: 63440046 ext 1003

E: [chf.officeadmin@catholic.org.sg](mailto:chf.officeadmin@catholic.org.sg)

**Parish Secretary:** Julie Jam

T: 63440046 ext 1001

E: [chf.secretariat@catholic.org.sg](mailto:chf.secretariat@catholic.org.sg)

**Parish Admin Asst:** Raymond Ng

T: 63440046 ext 1000

E: [chf.itadmin@catholic.org.sg](mailto:chf.itadmin@catholic.org.sg)

**Catechetical / Columbarium Ofc:** Jennifer Tan T: 63440046 ext 1005

E: [chf.catechist@catholic.org.sg](mailto:chf.catechist@catholic.org.sg) E: [chf.columb@catholic.org.sg](mailto:chf.columb@catholic.org.sg)

**Youth Co-Ordinator:** E: [chf.youth@catholic.org.sg](mailto:chf.youth@catholic.org.sg)

**Little Shepherd Schoolhouse:** Linda Wah T: 64404344

E: [lss-cohf.principal@catholicpreschool.edu.sg](mailto:lss-cohf.principal@catholicpreschool.edu.sg)

Website: <http://www.holyfamilykindergarten.com/>

**Katong Catholic Book Centre:** Bob Cheong T: 63451413

E: [katongcatholic@gmail.com](mailto:katongcatholic@gmail.com)

### Mass Times

#### Weekdays:

6.30 pm (Mondays to Fridays)

**9.00 am (Public Holidays)**

#### Saturday Sunset Masses:

3.45pm & 5.30pm (English)

#### Mandarin Mass

8.00 pm (1st & 3rd Saturdays)

#### Sunday Masses:

7.45am, 9.30 & 11.30am &

5.30 pm

**Columbarium** Mon—Fri: 9.30am to 6.00pm and Sat: 9.30am to 12.30pm except 12.30—2.30pm. Online booking minimum 48 hours in advance via <http://calendly.com/holyfamilysg/columbarium>.

**Infant Baptism** 26th Sep and 28th Nov 2021, **subject to change**

**Weddings** Apply at Parish Office at least 1 year in advance

~~ All other activities and events remain suspended ~~

### **16th Sunday in Ordinary Time**

July 18, 2021 - YEAR B  
Sunday Missal Page No: 754



### **REST IN GOD**

The return of the Twelve offers an opportunity to balance the activity of mission with the necessity of contemplation. They are invited "to a deserted place" (Mark 6:31) to restore and refresh themselves. They have been active in mission and now they must find the silence of God's presence in the desert, far from the madding crowd. The desert also calls to mind the wandering of the Hebrew people in the wilderness. They were hungry and Moses fed them with the miraculous manna. Jesus feeds them with his teaching, and then, next Sunday, he gives them heavenly bread.

### **Sunday Missal Readings for next weekend – 25 July**

2 Kgs 4:42=44 Eph 4:1-6 Jn 6:1-15

## **MESSAGE FOR 16TH SUNDAY OF ORDINARY TIME, 18TH JULY, YEAR B, 2021**

The theme of today's readings is the Shepherd.

### **1. Jesus is seen as the model of the good shepherd.**

We see him teaching, healing and, in the continuation of today's Gospel next week, feeding.

At the opening of the Gospel, we see Jesus inviting his disciples to go with him to a quiet place to rest and have some quiet. Yet, when they get to their chosen destination, they find that the crowds have gone ahead of them and are awaiting their arrival.

We see here an example of the kind of tension that exists in the life of every committed Christian.

On the one hand, there is the need to draw away to a quiet place and to recharge one's batteries, to reflect on and evaluate what one has been doing and to regenerate one's spiritual energy.

At the same time, there are constant demands on our commitment to serve. We need to respond generously and empathetically to where there is real need.

The emphasis is on 'real need' and not just on the demands of others or our own desire to be in demand.

This calls for discernment: there will be times when, with difficulty, we know we should say 'Yes'. There will be other times when, in spite of the criticism it may generate, we ought to say 'No'.

We need to be available but there is no absolute availability.

We are limited in the quality service we can give.

In the life of Jesus, we see him at times leaving the people, in spite of their demands, and going away to pray.

In today's situation, although he had intended to have a quiet time with his disciples, it was clear that the needs of the people called for a positive response.

They were like 'sheep without a shepherd'. They needed to be taught and they needed to be fed. Jesus did both.

The feeding was both for body and spirit.

### **2. We, as shepherds, like Jesus need to be free and unencumbered either by material or mental or emotional or spiritual baggage.**

We, too, are called to be shepherds; we are called to teach, heal and to feed.

But, if we are to do this effectively, we need also to set aside time for resting and renewal.

We live today in a hectic world where the cry "I have no time!" is constantly heard by priest and lay person alike.

Yet, when we think about it, we have so much time to watch television (and what is the value of much of what we watch?). We have so much time to read the newspaper or to go window shopping or just to gossip about useless things.

Still, we have no time to pray and reflect and renew our life vision.

### **3. As shepherds, we have a message to convey.**

And what is that message?

It is the same message that Jesus brought: the Good News about making the Kingdom a reality in our world.

That Kingdom can be described in many ways.

In today's Second Reading from the letter to the Ephesians, it is described as following in the footsteps of Jesus, bringing union between people, breaking down the barriers of division, creating communities that give and share.

Could we say that that is an accurate description of our Christian lives?

### **4. To what extent could we be said to be 'bad' shepherds?**

"You have let my flock be scattered and go wandering and have not taken care of them."

It is time for us now to join the Good Shepherd in bringing scattered and divided people back together, in breaking down the barriers that divide and separate people from each other – whether that is on the level of the nation, a race or ethnic group, on the level of religion or social class, or simply bringing back into the fold those who because of social stigma or disease are consistently kept to the margins of our society.

Only in this way will the Peace of Christ become a reality in our hearts and in our societies and in our Church.

~ *Living Space*

### **WEEKEND MASS ATTENDANCE WITH EFFECT FROM AUGUST 2021**

**With effect from Aug 21**, we will be accepting bookings up to a maximum of **250 persons** for weekend masses at these 4 time slots – **Sat 5.30 pm, Sun 7.45 am, 9.30 am and 11.30 am**. In line with government regulations, Parishioners who wish to attend these masses must either do a valid Pre-Event Testing (PET) or be fully vaccinated in order to qualify to attend these masses. **Other masses on Sat 3.45 pm, Sun 5.30 pm and Mandarin Mass (1st & 3rd Sat of each month at 8 pm) will remain at 50 persons and will not require attendees to do PET / be fully vaccinated to attend.**

*We encourage parishioners who are fully vaccinated to only make mass bookings at the time slots with the 250 persons limit and refrain from booking the time slots with the 50 persons limit. This kind gesture of support will allow our fellow parishioners who have not been fully vaccinated an opportunity to book their weekend mass. We look forward to your kind co-operation.*

### **DONATIONS TO CHURCH OF THE HOLY FAMILY**

Parishioners who wish to continue their weekly donations may consider sending your cheque favouring **Church of the Holy Family**.

Alternatively you may also send via PayNow. Please enter **T08CC4048E** Unique Entity Number (UEN) for "**Church of The Holy Family**" and in the reference, type **Mass Collection**.

### **CATECHESIS PRIMARY ONE REGISTRATION 2022**

Catechesis enrolment for Primary One (2022) is open for registration now.

Parents may either submit an online registration form: <https://bit.ly/RegisterHFC> or obtain a hard copy at the parish office (catechist pigeon-hole).