

HEALTH TALK ON 'TAKE CHARGE OF YOUR HEALTH'

Wednesday, 11 Sept. 2019, 11.00 am @ Club Agape (4th Floor Function Room)

This is the seventh of a series of weekly education & health talks we are organising in partnership with the Health Promotion Board. The topic: Bone Up on Calcium. Come and learn about bone health, the risk factors of osteoporosis, dietary tips on reducing the risk and ways to achieve sufficient calcium from food sources. All Club members and parishioners are invited to attend. Light refreshment will be provided. Kindly register with Bernie -

berniengui2002@yahoo.com or call 96481073.

You can also log-in to clubagapehfc.com to view the up coming series of 35 health talk topics we have lined up.

SSVP SHOP

The Society of St Vincent De Paul is pleased to announce the launch of its social enterprise, the **SSVP Shop**. The shop sells new and pre-loved items of good quality with something for everyone at affordable prices. Profits will fund SSVP programmes for the needy. Come visit, have wonderful shopping experience and show your support.

Address: 501 Geylang Road, Singapore 389459. Opening Hours: Tue-Sun, 10am—6pm
Tel: 6974 2480 Email: shop@ssvpsingapore.org Nearest MRT station: Aljunied



Event: Christ@Work 2019

Organizer: Catholic Business Network (CBN)

Date: **Monday, 28 October 2019 (Public Holiday)**

Time: **8.30 am to 6.00 pm**

Venue: Singapore Conference Hall, 7 Shenton Way, Singapore 068810

Registration: <http://www.christatworkconference.com/> or Scan the QR code

Enquiry: admin@cbn.sg / 6801 7491



LAUDATO SI

Caring for our common home: Laudato Si' & me By Cenacle Sr. Francisca and Team on four Wednesdays from **9.30 am to 12.00 pm. Part 1: 18 & 25 Sept. Part 2: 2 & 9 Oct.**

Part 1: A study and reflection on Laudato Si' and how we can protect God's creation.

Part 2: Recycling with Art facilitated by Artist Anna Cheng.

Venue: **Lasalle Centre, 490 East Coast Rd.**

Register via email: cenaclesingapore@gmail.com For queries, contact 85228428.

Love Offering.

MAKE YOUR MARRIAGE A PRIORITY!

"Marriage is a project to be worked on together ... and a process of growth."

- Pope Francis (Amoris Laetitia, no. 218, 221).

Good marriages can always be made better. To deepen and refine your couple relationship, sign up for one of the coming Marriage Encounter Weekends: **4 - 6 Oct, 1 - 3 Nov & 6 - 8 Dec.** Contact David & Clara 96705390 or mewkend@gmail.com



CHURCH OF THE HOLY FAMILY

6 CHAPEL ROAD SINGAPORE 429509 Tel: 6344 0046; Fax: 6348 0552

Website: <http://www.holyfamily.org.sg>

Parish Priest: Rev Fr Eugene Vaz | ☎ 63485842 | ✉ evaz@catholic.org.sg

Asst. Priest: Rev Fr Alphonsus Dominic | ☎ 63448468 | ✉ alphons.d@catholic.org.sg

Asst. Priest: Rev Fr Stanislaus Pang | ☎ 63466240 | ✉ stanislaus.pang@catholic.org.sg

Parish Media & Communication Office:

E: m_co@holyfamily.org.sg

Parish Administrator: Andrew Teo

T: 63440046 ext 1002

E: parishadmin@holyfamily.org.sg

Parish Secretary: Julie Jam

T: 63440046 ext 1001

E: secretariat@holyfamily.org.sg

Parish Admin Asst: Raymond Ng

T: 63440046 ext 1001

E: bulletin@holyfamily.org.sg

Catechetical Ministry: Jennifer Tan

T: 63440046 ext 1005

E: catechist@holyfamily.org.sg

Columbarium Office: Jennifer Tan

T: 63440046 ext 1005

E: columbarium@holyfamily.org.sg

Youth Co-Ordinator: E: youth@holyfamily.org.sg

HF Kindergarten: Mrs Agnes Lee

T: 64404344

E: alee_holyfampc@pacific.net.sg

Website: <http://www.holyfamilykindergarten.com/>

KCBC: Bob Cheong E: katongcatholic@gmail.com T: 63451413

Adoration Room

Mon – Sat 7am to 10 pm, Sun | Public Holidays: 7am to 8.30pm

Columbarium

Mon—Fri: 6.00am to 7.00pm | Sat: 6.00am to 9.00pm

Sunday: 7.00am to 7.00pm | Public Holidays: 8.00am to 12noon

Infant Baptism (monthly)

Preparation last Sunday at 3pm; Baptism 1st Sunday at 4pm

Liturgy of the Word for Children

Every Saturday, 6pm Mass or Every Sunday, 11.30am Mass

Elders Catechism (Dialect)

Every Thursday, 1pm to 3pm @ Church Function Hall

Meditation Classes

Tuesdays/Thursday 8pm : Wednesdays 7.30pm

Divine Mercy

Every Friday, 7pm @ Main Church

Family Rosary

1st Saturday of every month, 3.30—4pm @ Main Church

Family Eucharistic Adoration

1st Saturday of every month, 4—5pm @ Adoration Room

Weddings

Apply at Parish Office at least 1 year in advance

23rd Sunday

in Ordinary Time

September 8, 2019 YEAR C

Sunday Missal Page No: 983



BAPTISMAL CROSS

Onesimus, a slave's name, means "useful." We are each called by God to be useful to the Divine plan. The baptized Onesimus is equal to any one of us. Because of Jesus, we are all brothers and sisters in God's family. We are not the same; each of us is unique and has different gifts of the Spirit, but we all serve "in our place" the wisdom of God's intentions. Our baptismal cross is the key to a true disciple of the one Master, Jesus. He says: "Follow me!" Do you take up your cross?

Sunday Missal Readings for next weekend - 15 Sep

Ex 32:7-11,13-14 1 Tim 1:12-17 Lk 15:1-32

CANTEEN

Members from **Bedok South NCC** will be hosting the canteen this weekend. Bring your family and friends for a sumptuous breakfast after the 7.15am & 9.15am Masses. Next weekend: **Marine Terrace NCC**



MASS FOR THE SICK 2020

The parish will hold a Mass for the Sick on **Sunday 9 February 2020 at 3pm.** We invite our parish community to volunteer in one of 3 essential roles for this Mass.

(1) Doctors and Nurses

We invite doctors and nurses to be present at the Mass and be prepared for any contingency.

(2) Drivers

We seek volunteers to accompany the homebound to and from Mass. We aim to match drivers with homebound individuals living in the same vicinity if possible.

(3) Organizing Committee

We invite volunteers to form the organizing committee and oversee the logistics & publicity for this Mass. While experience in attending to the frail, elderly, sick & homebound is important, it is not a prerequisite. Members of the organizing committee will need to work closely with our Neighbourhood Christian Communities, Liturgical Ministry & Ministry to the Sick.

Please direct your questions or concerns to **Cheryl Wee at 9747-3634** in the interim. You will find volunteer registration forms at the Parish Office.

Registration is required for baptised Catholics seeking Sacrament of Anointing of the Sick and Holy Communion at Mass. These forms will be made available in December 2019 / January 2020.

We ask that you contact the Parish Office immediately if you or anyone you know is seriously ill and is asking for the Sacrament of Anointing.

INFANT BAPTISM

The next Infant Baptism will take place on **Sunday 6th October 2019 @ 4pm.** Parents and God-parents are required to attend the preparation session **29th September, 3pm at the Function Room 04-04.** Please submit the application form with relevant documents by 22nd September 2019.



GIFT 2019

Next weekend, **14/15 September**, being the 3rd weekend of the month, there will be a second collection to receive your monthly pledges and contributions for the GIFT (Giving in Faith & Thankfulness) campaign to support the organisations and projects of the archdiocese. Every Catholic is encouraged to sign up for a pledge to help with continued support for the numerous archdiocesan organisations needed for the mission of the church. More info is available at gift.catholicfoundation.sg

CATHOLIC NEWS AND HAI SING PAO

There will be a **SECOND** collection at ALL Masses this weekend. Proceeds will help defray the costs of the Catholic News and Hai Sing Pao. Your generosity will be much appreciated.

EKO HOME MASS

Date: **Thursday 12 September 8 p.m.**

Celebrant: Fr Eugene Vaz

Host: Sandra Vatsaloo

Venue: **572 East Coast Road**

Tel: 98176819

MARINE DRIVE WEEKLY SESSION

Every Monday in the month of Sept.

Venue: Residence of Jennifer Low, **Block 75, Marine Drive, #05-29**

Time : **8pm**

Monday - 9 September - Divine Mercy

Monday - 16 September- Buble reflection

Monday- 23 September- Talk

Monday- 30 September- Rosary

BAYSHORE NCC MASS

Residents bounded by Upper East Coast Road, Bedok South Ave 1 and ECP are warmly invited to celebrate mass on

Date: **12 September** / Time: **8 pm** / Address: **The Bayshore Tower 1B #13-02**

Host and contact person: Lilian Sharma

Tel. : **91061158**

Celebrant: **Father Stanislaus Pang.**

NEPTUNE COURT NCC ROSARY DEVOTION

You are warmly welcome to join us for our Rosary Devotion on **Friday 13th September at 8pm**, at the home of Linda De Souza.: **Blk 3 Marine Vista, #04-65 Neptune Court**

Contact : Kate : **81392417**

CATECHESIS BREAK

Please note that there will be a catechesis break on **7/8 September 2019 & 14/15 September 2019.** Classes will resume on the following weekend, 21 September 2019.