

### FRIDAYS IN LENT 2021

For each Friday in the season of Lent, there will be a combined worship event (2-in-1) of the Stations of the Cross and Mass at **7.30 pm**. To attend, please book online at [mycatholic.sg](http://mycatholic.sg).



### INDIVIDUAL CONFESSIONS DURING LENT TIME

Fr Adrian Yeo and Fr Stanislaus Pang will be available for Individual Confessions in the **Main Church** on the following dates / times:

**Saturdays - 6 March, 20 March and 27 March**

**Time – 10.00 am to 12.00 noon on each of the days**

To book a session for your confession, please go to [calendly.com/holyfamilysg/confession](http://calendly.com/holyfamilysg/confession)

Alternatively for weekdays, you can make appointments by email directly to Fr Adrian Yeo ([adrian.yeo@catholic.org.sg](mailto:adrian.yeo@catholic.org.sg)) or Fr Stanislaus Pang ([stanislaus.pang@catholic.org.sg](mailto:stanislaus.pang@catholic.org.sg)).



### OPENING OF CHURCH FOR SILENT PRIVATE PRAYER & WORSHIP

Starting from **Tue 2 Mar 2021** the Church will be open for silent private prayer & worship as follows:

**Tue, Wed & Fri - 4.30 pm to 5.45 pm and 7.15 pm to 10.00 pm.**

**Sun - 12.30 pm to 4.00 pm**

For those who wish to attend, you will be allowed to enter the Church by the Chapel Road Entrance only if you have done your temperature screening and SafeEntry check-in via TraceTogether App or Token & sign in to the register. Please observe safe distancing during the prayer time and keep your masks on at all times.

**In the event that the Church is in use for other activities during the prayer times, we seek your understanding that we will not be admitting any persons into Church during this block-out period.**

### OPENING OF CHAPEL ROAD GATES

The Chapel Road Gates will be open with effect **1 Mar 2021**. Please note the operations hours of the gates during normal days are as follows:

**Entry Only at Chapel Road and Sea Avenue – Mon to Sat Opening at 9.00 am and Closing at 8.00 pm. Sun Opening at 7.30 am and Closing at 6.30 pm**

**Exit Only at East Coast Road – Mon to Sat Opening at 9.00 am and Closing at 8.30 pm. Sun Opening at 7.30 am and Closing at 6.30 pm**

### COLUMBARIUM OPENING HOURS

The Columbarium is open **Mondays to Fridays, 9.30am to 5.30pm except 12.30—2.30pm and Saturdays 9.30am—12nn**. Please book online minimum 48 hours in advance via this link: <http://calendly.com/holyfamilysg/columbarium>.

### DONATIONS TO CHURCH OF THE HOLY FAMILY

Parishioners who wish to continue their weekly donations may consider sending your cheque favouring **Church of the Holy Family**.

Alternatively you may also send via PayNow. Please enter **T08CC4048E** Unique Entity Number (UEN) for "**Church of The Holy Family**" and in the reference, type **Mass Collection**.



### CHURCH OF THE HOLY FAMILY

6 CHAPEL ROAD SINGAPORE 429509 Tel: 6344 0046

Website: <http://www.holyfamily.org.sg>

Parish Priest: Rev Fr Adrian Yeo | ☎ 63440046 | ✉ [adrian.yeo@catholic.org.sg](mailto:adrian.yeo@catholic.org.sg)  
 Asst. Priest: Rev Fr Stanislaus Pang | ☎ 63466240 | ✉ [stanislaus.pang@catholic.org.sg](mailto:stanislaus.pang@catholic.org.sg)  
 Parish Deacon: Rev Deacon Clement Chen | ☎ 63448468 | ✉ [finance@catholic.org.sg](mailto:finance@catholic.org.sg)  
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Little Shepherd Schoolhouse: Linda Wah

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Website: <http://www.holyfamilykindergarten.com/>

Katong Catholic Book Centre: Bob Cheong

T: 63451413

E: [katongcatholic@gmail.com](mailto:katongcatholic@gmail.com)

#### Mass Times

##### Weekdays:

6.30 pm (Mondays to Fridays)

**8.30 am (Public Holidays)**

##### Saturday Sunset Masses:

4.00 pm & 5.30pm (English)

##### Mandarin Mass

8.00 pm (1st & 3rd Saturdays)

##### Sunday Masses:

8.00, 9.30 & 11.00 am

5.30 pm

Columbarium

Mon—Fri: 9.30am to 5.30pm except 12.30—2.30pm. Online booking only,

Infant Baptism

Please check with the Secretariat Office for dates.

Weddings

Apply at Parish Office at least 1 year in advance

Adoration Room

Mon – Sat 7am to 10 pm, Sun | Public Holidays: 7am to 8.30pm

Liturgy of the Word for Children

Every Saturday, 6pm Mass or 7.30am Mass

Elders Catechism (Dialect)

Every Thursday, 1pm to 2pm @ Conjunction Hall

Meditation Classes

Tuesdays/Thursdays 7.30pm

Divine Mercy

Every Friday, . . . Church

Family Rosary

1st Saturday of every month, 3.30—4pm @ Main Church

Family Eucharistic Adoration

1st Saturday of every month, 4—5pm @ Adoration Room

**SUSPENDED**



#### FIRST SUNDAY OF LENT

February 21, 2021 – Year B  
 Sunday Missal Page No: 641

#### LENT

After the ark, the seedpod of creation that floated in the killing waters, comes the arch, the rainbow that bridges God's plan and human hopes. After the Baptismal plunge into Jesus' death come new life in Christ's resurrection. Jesus says, "Now is the time for hopes fulfillment-repent and believe." Springtime Lent opens us to newness and possibility. The Holy Trinity patiently tends our hopes, nourishing us on the Eucharist. Where do we set our hopes? Do we really want Lent's simple gifts to "come down where we ought to be"?

#### Sunday Missal Readings for next weekend – 28 February

Gen 22:1-2, 9, 10-13, 15-18 Rom 8:31-34 Mk 9:2-10

## **MESSAGE FOR 1ST SUNDAY OF LENT, 21 FEBRUARY, YEAR B, 2021**

We are now into the great season of Lent, when we spend six weeks preparing to celebrate the high point of our faith: the Paschal Mystery, the suffering, death and resurrection of the Incarnate God. Formerly it was a time of severe penance as a way of purifying ourselves from our sinful habits and being ready to celebrate the passion, death and resurrection of Jesus Christ with a renewed commitment to follow him.

Even though we are no longer asked by the Church to observe the severe penances of former times, it is surely fitting that we make some form of preparation. It should be a time for personal reflection on where we stand as Christians. Only a little reflection will convince us that, on the one hand, there are many ways in which we fail through word and action, through our thoughts and through our failure to be the kind of people that the Gospel challenges us to be.

But our reflections should not only focus on the negative. What are the positive things which should be part and parcel of my daily life? What kind of a person am I in relation to my family, friends, working colleagues and other people with whom I come in contact? How active am I as a member of my Christian community e.g. my parish? What difference do I make to other people's lives? What do I do, within my limitations, to help eradicate the abuses which are part of our society? These are just some of the questions I can ask myself during these six weeks. And it is never too late to get started. Let us not rigidly think that, because Ash Wednesday has already come and gone, that I cannot start today. Remember that even those who came to the vineyard at the eleventh hour were paid the same amount. But the earlier I start the better.

### **Some of the things I can do are:**

- ◇ **Celebrating the Eucharist each day or at least on a few days in the week.**
- ◇ **Setting aside some part of my day for personal prayer.**
- ◇ **Reflecting on some Scripture, alone or, better still, with others. The Scripture readings for each day in Lent provide excellent material.**
- ◇ **Setting aside some money that I might spend on myself for a meal, entertainment or clothes and giving it to an organisation which takes care of the less fortunate in our society.**
- ◇ **Similarly, if I decide to abstain from smoking or alcohol.**

### ***Jesus' Lent***

After his baptism, Jesus goes to the desert for forty days. And, during that time, he is tested by the Evil One. Mark does not say how – but Matthew and Luke do.

These tests are really examples of the kind of tests that Jesus was to face in the course of his public life. The meaning and symbolism of the passage is to be focused on rather than its historical accuracy. Its purpose is to help us to understand the conflicts that were in Jesus' own life and which will also be found in ours too.

— *Living Space*

## **KINDERGARTEN REGISTRATION**

Little Shepherds' Schoolhouse @ Church of the Holy Family is open for registration for children age 3 to 6 years.

Enquiries are welcome and please contact the Kindergarten office from 9:00 am to 3:00 pm @ 6440 4344 or email us at [lss-cohf.admin@catholicpreschool.edu.sg](mailto:lss-cohf.admin@catholicpreschool.edu.sg).

## **PARA-COUNSELLING SERVICE BY CATHOLIC FAMILY LIFE**

Need someone to journey with you through the stages and challenges of life? Trained Para-Counsellors are available via Zoom. **Please call 66318963 (Mon – Fri 12pm to 4pm), email [paracounselling-info@familylife.sg](mailto:paracounselling-info@familylife.sg) or visit <https://cpc.familylife.sg/> to book your session.**

## **COMPANIONS OF JESUS (MONTFORTIAN EXPERIENCE RETREAT)**

The Eternal Wisdom, Jesus Christ became man to be in friendship with us. Would we accept his tender invitation to be his companions? Come and join us for "Companions of Jesus" retreat that comprises 4 online sessions and 1 day of recollection. The day of recollection will be held at Montfort Centre. Visit [montfortcentre.org](http://montfortcentre.org) for more information.

## **DISCIPLESHIP RETREAT 2021 - BY REV MSGR AMBROSE VAZ**

Are you more a Disciple than a Volunteer in serving the Lord? Come learn about Christian Commitment and the marks of Servanthood in the Bible.

The retreat will be held online over three Saturdays, **6, 13 and 20 March from 9am to 12 noon.**

For queries and registration, please email [formation@caritas-singapore.org](mailto:formation@caritas-singapore.org)

## **LANDINGS**

Landings presents Returned!, a testimony event on Zoom. If you are exploring a reconnection with the Catholic faith, we welcome you to join us on **6 March 2021**

**(Saturday), from 9.30am to 12.30pm.**

Registration at this link: <http://bit.ly/Landings-Returned-Mar2021> or scan the QR code in the e-poster entitled 'Catholics Come Home' by 3 Mar 2021. For more information on Landings, please email [singapore@landings.org.sg](mailto:singapore@landings.org.sg) or visit [www.landings.org.sg](http://www.landings.org.sg).

## **GIFT CONTRIBUTIONS**

This being the 3rd weekend of the month, there will be a call for contributions for the GIFT (Giving in Faith & Thankfulness) programme to build a more vibrant, evangelising and missionary Church. Please give generously to support the organisations and projects of the archdiocese by making a monthly giving pledge. GIRO forms, cheques or cash can be sealed into GIFT envelopes and dropped into the collection bags or collection boxes. Or, give via PayNow (UEN: 201231391K). More info at [catholicfoundation.sg](http://catholicfoundation.sg).