

## FLS COUNSELLING SERVICES AT PARISHES

Need a listening ear to help you cope with the up's and down's of life? Trained Para-Counsellors from Family Life Society are on duty at your parish. For an appointment ring 63820688 (Monday to Friday from 9.00am—5.00pm).

### MASS FOR THE SICK 2020

The parish will hold a Mass for the Sick on **Sunday 9 February 2020 at 3pm.**  
We invite our parish community to volunteer in one of 3 essential roles for this Mass.

#### (1) Doctors and Nurses

We invite doctors and nurses to be present at the Mass and be prepared for any contingency.

#### (2) Drivers

We seek volunteers to accompany the homebound to and from Mass.  
We aim to match drivers with homebound individuals living in the same vicinity if possible.

#### (3) Organizing Committee

We invite volunteers to form the organizing committee and oversee the logistics & publicity for this Mass. While experience in attending to the frail, elderly, sick & homebound is important, it is not a prerequisite. Members of the organizing committee will need to work closely with our Neighbourhood Christian Communities, Liturgical Ministry & Ministry to the Sick.

Please direct your questions or concerns to Cheryl Wee at 9747-3634 in the interim.  
You will find volunteer registration forms at the Parish Office.

*Registration is required for baptised Catholics seeking Sacrament of Anointing of the Sick and Holy Communion at Mass. These forms will be made available in December 2019 / January 2020.*

We ask that you contact the Parish Office immediately if you or anyone you know is seriously ill and is asking for the Sacrament of Anointing.

## MAMRE OAKS CONFERENCE & TEA DANCE FOR PERSONS WITH INTELLECTUAL & DEVELOPMENTAL DISABILITIES

Celebrating Life Together 2019, Mamre Oaks Ltd is organising a Conference and Tea Dance, especially for parents and caregivers of persons with intellectual and developmental disabilities (IDD), free admission and open to public on **14 Sep 2019, Sat, time 10am to 4pm, at the Agape Village, 7A Lor 8, Toa Payoh, Singapore 319264.** Please register at QR code or call 68017476 / email to "admin@mamreoaks.sg" for more queries.



## **CHURCH OF THE HOLY FAMILY**

6 CHAPEL ROAD SINGAPORE 429509 Tel: 6344 0046; Fax: 6348 0552

**Website:** <http://www.holyfamily.org.sg>

Parish Priest: Rev Fr Eugene Vaz | ☎ 63485842 | ✉ evaz@catholic.org.sg  
Asst. Priest: Rev Fr Alphonsus Dominic | ☎ 63448468 | ✉ alphonsus.d@catholic.org.sg  
Asst. Priest: Rev Fr Stanislaus Pang | ☎ 63466240 | ✉ stanislaus.pang@catholic.org.sg

Parish Media & Communication Office:

<i>E: m_co@holyfamily.org.sg</i>	T: 63440046 ext 1002
Parish Administrator: Andrew Teo <i>E: parishadmin@holyfamily.org.sg</i>	T: 63440046 ext 1001
Parish Secretary: Julie Jam <i>E: secretariat@holyfamily.org.sg</i>	T: 63440046 ext 1001
Parish Admin Asst: Raymond Ng <i>E: bulletin@holyfamily.org.sg</i>	T: 63440046 ext 1001
Catechetical Ministry: Jennifer Tan <i>E: catechist@holyfamily.org.sg</i>	T: 63440046 ext 1005
Columbarium Office: Jennifer Tan <i>E: columbarium@holyfamily.org.sg</i>	T: 63440046 ext 1005
Youth Co-Ordinator: <i>E: youth@holyfamily.org.sg</i>	
HF Kindergarten: Mrs Agnes Lee <i>E: alee_holyfampc@pacific.net.sg</i>	T: 64404344
<i>Website: http://www.holyfamilykindergarten.com/</i>	
KCBC: Bob Cheong <i>E: katongcatholic@gmail.com</i> T: 63451413	

### Mass Times

Weekdays:  
6.15 am (Mondays to Saturdays)  
6.15 pm (Mondays to Fridays)  
**8.30 am (Public Holidays)**  
Saturday Sunset Masses:  
6.00 pm (English)  
8.00 pm (Mandarin)  
Sunday Masses:  
7.15, 9.15 & 11.30 am & 6.00 pm  
**(Confession 30 minutes before weekend masses)**  
Novena: 5.00 pm Saturday

*Adoration Room  
Columbarium*

*Mon – Sat 7am to 10 pm , Sun | Public Holidays: 7am to 8.30pm  
Mon–Fri: 6.00am to 7.00pm | Sat: 6.00am to 9.00pm  
Sunday: 7.00am to 7.00pm | Public Holidays: 8.00am to 12noon  
Preparation last Sunday at 3pm; Baptism 1st Sunday at 4pm  
Every Saturday, 6pm Mass or Every Sunday, 11.30am Mass  
Every Thursday, 1pm to 3pm @ Church Function Hall  
Tuesdays/Thursday 8pm : Wednesdays 7.30pm  
Every Friday, 7pm @ Main Church  
1st Saturday of every month, 3.30–4pm @ Main Church  
1st Saturday of every month, 4–5pm @ Adoration Room  
Apply at Parish Office at least 1 year in advance*

*Infant Baptism (monthly)  
Liturgy of the Word for Children  
Elders Catechism (Dialect)  
Meditation Classes  
Divine Mercy  
Family Rosary  
Family Eucharistic Adoration  
Weddings*

**22nd Sunday  
in Ordinary Time**  
September 1, 2019 YEAR C



Sunday  
Missal  
Page No;  
979

### **HUMILITY**

Today Jesus teaches us how to come to his heavenly wedding feast, not by crowding forward but by seeking a place after everyone else. Humility, the confidence to be oneself, is a lifetime's work. This strategy allows all to find their place before God. Jesus himself did this at the Last Supper, doing the slave's job of washing the apostles' feet. "The heart of a sensible person will reflect on parables, an attentive ear is the sage's dream." Are we, are you, listening to the Lord today?

Sunday Missal Readings for next weekend - 8 Sep  
Wis 9:13-18 Phlm 9-10, 12-17 Lk 14:25-33

### CANTEEN

Members from Filipino Group will be hosting the canteen this weekend. Bring your family and friends for a sumptuous breakfast after the 7.15am & 9.15am Masses. Next weekend: Bedok South



### FINAL CALL! THE ACTS OF THE APOSTLES - A BIBLICAL COURSE BY FR EUGENE VAZ

Participants who have registered for the notes are requested to collect your notes and make payment on the first day of the course on **Tues, 3 Sept 2019. Meeting point : Main church entrance (main staircase area facing Sea Ave). Counter opens at 7.15pm.**

Course details:

**Date / Day : 3 Sept to 19 Nov 2019, every Tues (12 sessions)**

**Time : 8.00pm – 9.45pm**

**Venue : Main Church Hall**

Charges : \$20 per person for notes. Free admission for those who do not require notes. Subsidies for students / NS men

Register at [www.holyfamily.org.sg](http://www.holyfamily.org.sg) or on forms at the church entrances. For queries, whatsapp / sms Paulin at 9627 8739.

### SHARE YOUR LOVE FOR CHRIST, JOIN THE CATECHETICAL MINISTRY

The Catechetical Ministry is looking for committed parishioners who feel called to share their love for Christ with the children and teens of our parish; and to facilitate an encounter with Christ by being witnesses to faith.

Find out more about how you could serve as a Catechist, Catechist Assistant, Youth Facilitator, Parent Volunteer or in other administrative and IT/AV roles here: <http://bit.ly/HFCjoin>. The link will also bring you to an online application form if you are keen on signing up, or you could pick up a printed form from the Parish or Catechists Office.



### CATECHESIS BREAK

Please note that there will be a catechesis break on **7/8 September 2019 & 14/15 September 2019**. Classes will resume on the following weekend, 21 September 2019.

### CANCER SUPPORT GROUP

**Date: 2 September 2019 (Mon)**

**Venue: 4th Floor Function Room @ Holy Family Church**

**Time: 7.30 pm - 9.45 pm**

Come and experience the love, mercy and healing grace of Jesus Christ, our ultimate Healer as we gather to pray for and with each other. For more details, please contact Helen @ 98389767 or Nicholas @ 96780595.

### YOUTH MASS!

**Theme: "Walk by Faith and not by Sight"**

Calling all youths 13 and above and those young at heart. Join us for a Eucharistic celebration organized specially for the youths to praise God for the many blessings He has given us in our lives.

**Date/Day/Time: 6th September 2019 Friday at 7pm**

**Venue: Function Hall**



### EKO HOME MASS

**Date: Thursday 12 September 8 p.m.**

**Celebrant: Fr Eugene Vaz**

**Host: Sandra Vatsaloo**

**Venue: 572 East Coast Road**

**Tel: 98176819**

### BEDOK SOUTH NCC HOME MASS

We welcome parishioners residing at Bedok Court, Eco, Siglap East & Siglap Lucky Valley to our neighbourhood Mass on **4 Sep 2019 (Wed) 8pm** in the home of Debbie and Dominic Yip at **Blk 70 Bedok South Road #05-270** to be celebrated by Fr Alphonsus Dominic. Mass is followed by fellowship.

### MARINE DRIVE WEEKLY SESSION

Every Monday in the month of Sept.

**Venue: Residence of Jennifer Low, Block 75, Marine Drive, #05-29**

**Time : 8pm**

Monday - 2 September- Rosary

Monday - 9 September - Divine Mercy

Monday - 16 September- Bible reflection

Monday- 23 September- Talk

Monday- 30 September- Rosary

### HEALTH TALK ON 'FALLS PREVENTION'

**Wednesday, 4th September 2019, 11.00 am**

**@ Club Agape (4th Floor Function Room)**

This is the sixth of a series of weekly education & health talks we are organising in partnership with the Health Promotion Board. This talk will address why falling of elderly is dangerous and useful tips on fall preventions & what can be done to make home environment to reduce the risk of falls.

All Club members and parishioners are invited to attend. Light refreshment will be provided. Kindly register with Bernie -berniengui2002@yahoo.com or call 96481073.